

NLP–Master Curriculum – EANLP



Participant Requirements

- Completion of an EANLP–certified NLP Practitioner training or equivalent
- Emotional stability
- Access to proper technical equipment for participating in online sessions

Trainer Qualification

- Lead trainer must be EANLP–certified or equivalent. Must have delivered a minimum of three (3) NLP Practitioner trainings

Duration

- Minimum of 135 training hours (excluding breaks longer than 30 minutes), delivered across 18 or more training days, including testing
- Mandatory supervision: 15 hours of individual or group supervision during the training program and/or after testing

Implementation

- At least 80% of the training must be delivered by a certified NLP lead trainer
- Up to 20% may be conducted by another person under the supervision of a certified NLP lead trainer (EANLP Master Trainer or equivalent)
- As a complementary teaching method, up to one-third of the required training hours may be delivered through synchronous online training, provided that:
 - All participants are consistently present via video and audio
 - Everyone can see, hear, and interact with one another in real time

Group Size

- A training group must consist of at least six participants

Training Assistance

- Assistance by an individual with at least an EANLP–certified NLP Practitioner qualification (or equivalent) is recommended for every 9 participants and mandatory for every 12 participants
- If synchronous online training is used in a hybrid format, the assistant must have the necessary digital competence to support technical organization and troubleshoot if needed

NLP Master Competencies – Evaluation and Certification Criteria

- Behavioral competency in applying NLP Practitioner skills in combination
- Behavioral integration of NLP presuppositions
- Knowledge of core NLP content, skills, techniques, patterns, methods, and concepts, and the ability to apply them competently to oneself and others
- Ongoing development of perceptual abilities
- Ability to facilitate meaningful and sustainable personal change, both for oneself and for others.
- Ability to distinguish between form and content, experience and appearance
- Advanced rapport skills (establishing and maintaining rapport with each group member and the group as a whole)

Minimum Content Requirements

1. Participant-led presentation or demonstration of an NLP application (technique) used frequently in personal or professional life
2. Understanding, identifying, and using meta programs
3. Values and criteria:
 - Identification and usage
 - Criteria hierarchy
 - Eliciting complex equivalents
 - Adapting and changing criteria
4. Knowledge, identification, and use of Sleight of Mouth patterns
5. Advanced submodalities
6. Working with and transforming beliefs and limiting assumptions
7. In-depth work with the Meta Model and Milton Model
8. Confident and practical use of verbal and non-verbal communication
9. Knowledge of negotiation and conflict management models
10. Presentation techniques and working with groups
11. NLP Modelling – the ABCs of modeling
12. Systemic work (groups, families, teams)
13. Advanced Timeline work
14. Integrative NLP models (e.g., SCORE, SOAR, ROLE)
15. Hands-on and guided self-reflective experiences using NLP formats, such as:
 - Reimprinting, Visual Squash, Resolving Grief, Core Transformation Process, among others
 - These are practical applications of the techniques mentioned above and thus not listed separately
 - Theoretical understanding is delivered in a cognitively appropriate format and reinforced through demonstrations and practical exercises

- Application involves observation, personal experience, and coaching

Written Testing – NLP Master

The mandatory written assessment evaluates knowledge transfer from the NLP Master training and serves to ensure training quality. The written test aims to demonstrate technical and methodological competencies in:

1. Values
2. Beliefs
3. Working with groups/systems
4. Sleight of Mouth
5. Modeling
6. Meta programs
7. Timeline
8. Basics of group work and presentation techniques

The format and content of the written test are at the discretion of the certified NLP lead trainer. Participant test materials must be archived for three years. During this period, the EANLP Training and Quality Assurance Committee may request partial or full access to the archive for review.

Practical Testing – NLP Master

The format and content of the practical assessment are defined by the certified NLP lead trainer and are tailored to participants' personal and professional experiences. The practical test enables NLP Master graduates to demonstrate behavioral integration of NLP principles and techniques, particularly:

- Perceptual acuity
- Personal and interpersonal change work
- Rapport

Graduates of the EANLP NLP Master training demonstrate practical mastery of relating, state management, perception, perspective-shifting, and change work—and can apply these skills consistently.

NLP Master Certificate Content

1. The EANLP NLP Master Certificate must include:
2. Statement of compliance with EANLP standards
3. EANLP Quality Seal
4. Total number of training days and hours, specifying online and in-person portions
5. Start and end dates of the training
6. Signature of the certified NLP lead trainer
7. Title: NLP Master EANLP